

Benwick Primary School



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For ALL CHILDREN IN ALL CLASSES - HEADLICE has been reported today.

Please check your child and the rest of the family tonight if you find your child has headlice do not send him / her to school until treated.

SCHOOL NURSE ADVICE FOR PARENTS ON HEADLICE

CHECKING FOR HEADLICE

- Wash Hair
- Apply conditioner
- Untangle hair with a normal comb / brush, clean after use
- Comb through hair with a headlice (nit) comb, taking small sections of hair
- After each stroke, check the comb foam and comb for lice wipe the comb on a piece of kitchen towel.
- If any are found check ALL the family in the same way

TREATING HEADLICE

- Wash hair
- Apply conditioner
- Untangle hair with a normal comb / brush, clean after use
- Touching the scalp gently, start from the roots, comb through the hair with a headlice (nit) comb.
- After each stroke check the foam and comb, clean the comb on a piece of kitchen towel
- Continue coming until the whole head has been combed at least twice

HOW OFTEN TO TREAT

- Comb on day 1 - 3 - 5 - 9 - 13 after headlice are found.
- Headlice will continue to hatch from eggs during this time.
- The comb will not remove the eggs only the lice, You must continue to comb on these days if you want to get rid of the problem.
- This treatment has been proved to be effective.

INFORMATION ON HEADLICE

- Headlice walk from head to head they cannot jump or fly, so tying up long hair in school may help prevent your child from catching headlice.
- They like all hair, clean and dirty.
- Other family members, including adults, may continue to re-infect each other if the whole family is not checked and treated at the same time.
- If a child complains their head is itchy, then they have had headlice for several weeks.

If you require further advice or help please contact your School Nurse (Karen Taylor) on **07789 006 873**