

Benwick Primary School



High Street, Benwick, March, Cambs. PE15 0XA

Telephone & Fax: 01354 677266

email: office@benwick.cambs.sch.uk

Headteacher: Mrs. J. North, BEd Hons, NPQH

www.benwick.cambs.sch.uk

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Dear Parents/Carers

Over-the-counter medicines for children

As a way of using NHS Resources more appropriately, Cambridgeshire and Peterborough CCG, is implementing a self-care policy for minor health problems. This encourages patients to access advice from health professionals such as pharmacists and where appropriate purchase over-the-counter medicines such as paracetamol, ibuprofen and hayfever remedies, rather than obtaining a prescription from their GP Surgery.

This means that some medicines that schools have been willing to administer because they have been accompanied by a prescription, will now be obtained by you, the parents, over the counter.

We are therefore now able to administer such over the counter medicines. You will need to complete a medicine form, as you do now for prescribed medicines, and provide the medicine. We will not be stocking our own calpol, children's ibuprofen or hayfever remedies. A first aider will administer the medicines - please pass the medicine and the form to either the office or the class teacher.

Yours sincerely

Mrs J North
Headteacher