

# LUNCHTIME CQ

## Week 1

Commencing • 22nd April • 13th May • 10th June  
• 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



**MEAT FREE**



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly  
baked bread

Garlic Bread

Wholemeal

Ciabatta

Poppy seed  
Wholemeal

Focaccia

Menu choice  
1

Quorn dog in a roll  
with potato wedges

Beef lasagne with  
salad

Sticky chicken and  
vegetable wrap

Roast turkey with  
roast potatoes

Fish fingers & chips  
with garden peas

Menu choice  
2



Vegetable chilli  
Taco with potato  
wedges

Quorn balls in  
tomato & basil  
sauce with rice

Jacket potato with  
cheese & beans

Vegetable burger

Fishless fish fingers  
& chips with garden  
peas

Sides

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Desserts

Pancake & sauce  
Sliced fresh fruit

Fruit flapjack  
Sliced fresh fruit

Fruit Jelly  
Sliced fresh fruit

Oat and fruit slice  
Sliced fresh fruit

Cappuccino cake  
Sliced fresh fruit

Some of our food  
may contain  
allergens. Please  
ask our  
chef for advice.

**Our mission** is to make your lunchtime meal the highlight of *your* day.





# LUNCHTIME CQ

## Week 2

Commencing • 29th April • 20th May • 17th June  
• 8th Jul • 22nd July • 9th Sep • 30th Sep



**MEAT FREE**



Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Ciabatta

Poppy seed  
wholemeal

Herb focaccia

*Menu choice  
1*

Macaroni cheese

Beef meat balls in  
tomato & garlic  
sauce & rice

Chicken in a bun  
with new potatoes

Roast pork & apple  
sauce with roast  
potatoes

Battered fish &  
chips with garden  
peas

*Menu choice  
2*



Cheese and tomato  
quiche with salad &  
coleslaw

Bean and vegetable  
in tomato and herb  
sauce bake

Jacket potato with  
tuna mayo & cheese

Quorn sausage with  
roast potatoes

Roasted pepper &  
cheese pitta pizza &  
chips with garden  
peas

*Sides*

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

*Desserts*

Lemon drizzle cake

Sliced fresh fruit

Apple pie & custard

Sliced fresh fruit

Ice cream

Sliced fresh fruit

Chocolate mousse

Sliced fresh fruit

Carrot cake

Sliced fresh fruit

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may contain  
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chef for advice.*

***Our mission** is to make your lunchtime meal the highlight of *your* day.*





# LUNCHTIME CO

## Week 3

Commencing • 6th May • 3rd June • 24th June  
• 15th Jul • 16th Sep • 7th Oct



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly  
baked bread*

Garlic bread

Wholemeal bread

Ciabatta

Poppy seed  
wholemeal

Focaccia

*Menu choice  
1*

Vegetable lasagne  
with salad

Sausage & mash

Salmon pasta bake

Roast chicken with  
roast potatoes and  
Yorkshire pudding

Fish & chips with  
garden peas

*Menu choice  
2*

Squash, spinach &  
chickpea filo slice

Vegetable &  
chickpea  
bolognese

Jacket potato with  
cheese and beans

Quorn fillet with  
roast potatoes

Vegetable pitta  
bread pizza with  
chips



*Sides*

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

*Desserts*

Chocolate Brownie

Fudge tart

Strawberry mousse

Berry cheese cake

Orange & lemon  
muffin

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

Sliced fresh fruit

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may contain  
allergens. Please  
ask our  
chef for advice.*

***Our mission** is to make your lunchtime meal the highlight of *your* day.*

