



Benwick Primary School – Project Menu - SWANS

<p>Science</p> <p>LO. To investigate the effects on the heart when we exercise.</p> <p>Work through the slides.</p> <p>You are going to be doing some exercise to see what happens to your heart when you exercise. Answer the questions on the worksheet in your book, then complete your exercise and take your pulse every minute until it returns to your resting pulse rate (or near it). Record your results in your book.</p>	<p>Computing</p> <p>Read through the Computing – Planning an Adventure Story guide. Try and use the guide to begin creating your story on '2Create a Story'.</p>	<p>Geography</p> <p>LO. To explain how the make-up of the United Kingdom has changed over time.</p> <p>LO. To explain how the international borders of Europe have changed over time.</p> <p>Work through the slides, then using the internet/atlasses, research how Europe has changed (complete the worksheet).</p> <p>Watch the video https://www.bbc.co.uk/newsround/20436092</p>
<p>French</p> <p>Use the posters to help you practise the common phrases.</p> <p>Cut out the puzzle pieces and try to reassemble the puzzle.</p>	<p>Art</p> <p>LO. To sketch a self-portrait.</p> <p>Choose a portrait style and use the techniques practised to sketch a self-portrait. You will need to use a mirror or a photo of yourself.</p>	<p>Music</p> <p>Continue using YUMU.</p>

<p>PE</p> <p>Can you create your own PE game using one piece of equipment? (E.g. a ball, a skipping rope).</p> <p>Is your game a single or team game?</p> <p>Can you write instructions for your game?</p>	<p>RE</p> <p>LO. What makes me, me?</p> <p>Watch the video from last week again https://www.bbc.co.uk/teach/class-clips-video/pshe-ks1-ks2-what-makes-me-me/z46hf4j</p> <p>Answer the question, <i>'If you could make a clone of yourself, would the clone also possess your thoughts and memories?'</i> Remember to justify your answer, adding reasoning and explanation.</p>	<p>PSHE</p> <p>LO. To understand the benefits of physical activity for promoting health.</p> <p>What are the benefits of exercise?</p> <p>Research and create a leaflet explaining the benefits of physical activity.</p>
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