



## Benwick Primary School – Project Menu - SWANS

<p>Science</p> <p>LO. To investigate food groups to understand why a variety of foods is important for a healthy diet.</p> <p>Read the information on the slides about food groups. Complete the activities on the slides.</p> <p>Investigate food labels in your house. Can you identify which food has the highest fat/protein/carbohydrate content? Which is the healthiest/unhealthiest food?</p>	<p>Computing</p> <p>Read through the Computing – Planning an Adventure Story guide. This will help you to begin planning your story. You will need access to 2Connect on Purple Mash (I have set this as a 2Do).</p>	<p>Geography</p> <p>LO. To explain how water and weather can change coastlines and to explain how these have changed the coastline of the UK over time.</p> <p>Read the information on the slides, watch the videos</p> <p><a href="https://www.bbc.co.uk/bitesize/clips/z7fr87h">https://www.bbc.co.uk/bitesize/clips/z7fr87h</a></p> <p>and</p> <p><a href="https://www.bbc.co.uk/bitesize/clips/z9xsb9q">https://www.bbc.co.uk/bitesize/clips/z9xsb9q</a></p> <p>and complete the task.</p>
<p>French</p> <p>Use the 'greetings' word mat to familiarise yourself with common French greetings. Practise using the greetings with members of your family.</p>	<p>Art</p> <p>LO. To sketch a portrait of another person.</p> <p>Choose a portrait style and use the techniques practised last week to sketch a portrait of someone in your house.</p>	<p>Music</p> <p>Continue using YUMU.</p>

PE

Can you create your own hurdles? What is the highest hurdle you can safely jump? (You will need an adult).

Research hurdle facts. What is the event?  
What is the world record (men and women)?

RE

LO. What makes me, me?

Watch the video

<https://www.bbc.co.uk/teach/class-clips-video/pshe-ks1-ks2-what-makes-me-me/z46hf4j>

Pause the video at each question and discuss your ideas with an adult.

PSHE

LO. To understand that different types and amounts of food provide different amounts of energy, and know how to achieve an energy balance which will help us stay healthy and active.

Investigate food labels in your house – superficially focus on how much energy each food gives.