



Benwick Primary School

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Dear Parents/Carers,

This term as part of our work in PSHE, we will be learning about healthy and safer lifestyles, our bodies and growing up.

A very important part of the work will be to make sure all the children understand that the parts of their bodies under their pants and vest are private. We will learn about trusted adults to talk to and how to get help. We will be learning to recognise and name different parts of the body, including private body parts. We will be looking at family words and doctor words to name these body parts and we use dolls to aid with these lessons.

Most of this learning is part of Science, Relationships Education and Health Education which is (from September 2020) compulsory. You may be aware that you can withdraw your child from 'Sex Education'. Our school policy explains that this is learning about how babies are made and born. In YR and KS1 there is no learning about how humans reproduce, but children will learn that animals have offspring – cats have kittens, cows have calves and humans have babies – this is part of Science.

If you would like to find out more about our topic, please arrange a time to come and chat. You might want to talk about how you would like your child to learn about these things and if there are parts you don't want your child to know yet we will be able to discuss it further with you. Children tell us they like to talk with their families about these things so you may want to discuss this with your child at home too.

Your Faithfully

Miss MacLeod