

## Week 1

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

Beefburger in a Bun  
with Baked Wedges  
and Seasonal  
Vegetables

(G) (W) (SE)

BBQ Chicken Wrap  
served with Baby New  
Potatoes and Fresh  
Salad

(G) (W) (B) (SO) (C)

BENWICK BRUNCH  
Sausage  
Hash Brown  
Scrambled Egg  
Baked Beans

(G)(W)(SU)(SO)(SE)(E)

Beef Lasagne served  
with Garlic Bread and  
Seasonal Vegetables

(G) (W) (MK)

Cod Fish Fingers  
served with Chips,  
Garden Peas and  
Baked Beans  
\*Salmon Fish Fingers  
Available  
(G) (W) (F)

#### Meat Free

Vegetable Burger in a  
Bun with Baked  
Wedges and Seasonal  
Vegetables

(G) (W) (SU) (MK)

Roasted Vegetable &  
Cheese Wrap served  
with Baby New  
Potatoes and Fresh  
Salad

(G) (W) (MK)

BENWICK BRUNCH  
Quorn Sausage  
Hash Brown  
Scrambled Egg  
Baked Beans

(G)(W)(B)(MK)(E)(SE)

Vegetable Lasagne  
served with Garlic  
Bread and Seasonal  
Vegetables

(G) (W) (MK)

Cheese & Tomato  
Pinwheel

(G) (W) (MK)

#### Lunchtime Lunchbox

Chicken Mayo Roll  
Pizza Finger  
Salad Sticks  
Fresh Sliced Fruit  
Cherry Cookie

(G) (W) (MK) (E) (SE)

Cheese Roll  
Chicken Strips  
Salad Sticks  
Fresh Sliced Fruit  
Fruity Rocket Lolly

(G) (W) (MK) (SE)

#### Desserts

Choose One of Our  
Fabulous Deserts  
Apple Sponge & Custard  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Chocolate Brownie  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Cherry Cookie  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (MK)

Choose One of Our  
Fabulous Deserts  
Fruit Flapjack  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (MK)

Choose One of Our  
Fabulous Deserts  
Fruity Rocket Lolly  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Available every day:

A selection of fresh  
vegetables and tasty salad

Delicious freshly  
baked bread

Fruit platter and natural  
yogurt with toppings



## Week 2

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

Hand Made Meat  
Feast Pizza served  
with Herby Diced  
Potatoes and Coleslaw

(G) (W) (SO) (MK) (E)

Butchers Sausages  
served with Mashed  
Potatoes, Seasonal  
Vegetables and Rich  
Gravy

(G) (W) (SU) (MK) (SO)

Roast Loin of Pork  
with Potatoes,  
Seasonal Vegetables,  
Stuffing and Gravy

(G) (W)

Sticky Texan Chicken  
served with Golden  
Vegetable Rice and  
Pitta Slice

(G) (W) (B) (C) (SO)

Crispy Fish Fillet  
served with Chips,  
Garden Peas and  
Baked Beans and  
Tomato Ketchup

(G) (W) (F)

#### Meat Free

Hand Made Cheese  
and Tomato Pizza  
served with Herby  
Diced Potatoes and  
Coleslaw

(G) (W) (SO) (MK) (E)

Jacket Potato served  
with Cheese & Beans

(MK)

Vegetable Pasta Bake

(G) (W) (MK)

Classic Mac 'n' Cheese  
with Fresh Salad and  
Pitta Slice

(G) (W) (MK)

Vegetable Nuggets  
served with Chips,  
Garden Peas and  
Baked Beans and  
Tomato Ketchup

(G) (W)

#### Lunchtime Lunchbox

Ham Salad Roll  
Pasta Salad  
Salad Sticks  
Fresh Sliced Fruit  
Apple Crumble

(G) (W) (MK) (E) (SE)

Tuna Mayo Roll  
Pasta Salad  
Salad Sticks  
Fresh Sliced Fruit  
Shortbread

(G) (W) (F) (E) (SE)

#### Desserts

Choose One of Our  
Fabulous Deserts  
Chocolate Crunch  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Fudge Tart  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Apple Crumble & Custard  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Banoffee Pancake  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Ice Cream and Fruit Sauce  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Available every day:

A selection of fresh  
vegetables and tasty salad

Delicious freshly  
baked bread

Fruit platter and natural  
yogurt with toppings



## Week 3

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

#### Main Meal

Hot Dog in a Roll  
served with Potato  
Wedges, Seasonal  
Vegetables and  
Tomato Ketchup

(G) (W) (SU) (SO) (SE)

Mild and Creamy  
Chicken Curry with  
Fluffy Rice and Pitta  
Slice

(G) (W) (MK)

Roast Turkey with  
Roast Potatoes,  
Seasonal Vegetables,  
Yorkshire Pudding  
and Gravy

(G) (W) (E) (MK)

Pasta Bolognese  
served with Seasonal  
Vegetables and Garlic  
Bread

(G) (W) (MK)

Cod Fish Fingers  
served with Chips,  
Garden Peas and  
Baked Beans and  
Tomato Ketchup

(G) (W) (F)

#### Meat Free

Jacket Potato served  
with Cheese & Beans

(MK)

Cheese & Tomato  
Pizza served with 1/2  
Jacket & Fresh Salad

(G) (W) (E) (MK) (SO)

Broccoli and  
Cauliflower Cheese

(G) (W) (MK)

Mediterranean  
Vegetable and Tomato  
Pasta with Seasonal  
Vegetables and Garlic  
Bread

(G) (W) (MK)

Vegetable Nuggets  
served with Chips,  
Garden Peas and  
Baked Beans and  
Tomato Ketchup

(G) (W)

#### Lunchtime Lunchbox

Ham Roll  
Pizza Finger  
Salad Sticks  
Fresh Sliced Fruit  
Lemon Drizzle Cake

(G) (W) (MK) (E) (SE)

Cheese Roll  
Chicken Strips  
Salad Sticks  
Fresh Sliced Fruit  
Shortbread

(G) (W) (MK) (SE)

#### Desserts

Choose One of Our  
Fabulous Deserts  
Bakewell Tart  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Chocolate Cake  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Lemon Drizzle Cake  
Fruit Yogurt & Coulis  
Fresh Fruit  
(G) (W) (E) (MK)

Choose One of Our  
Fabulous Deserts  
Strawberry Delight  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Choose One of Our  
Fabulous Deserts  
Tuti Fruity Jelly  
Fruit Yogurt & Coulis  
Fresh Fruit  
(MK)

Available every day:

A selection of fresh  
vegetables and tasty salad

Delicious freshly  
baked bread

Fruit platter and natural  
yogurt with toppings

