

Commencing: 18th Apr, 9th May, 6th Jun, 27th Jun, 18th Jul, 5th Sep, 26th Sep, 17th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burger in a	Chilli Beef Taco.	BENWICK BRUNCH	Creamy Chicken	Cod Fish Fingers
Bun with Baked Wedges and Garden Peas	Served with Mexican Rice and Sweetcorn	Sausage Hash Brown Scrambled Egg Baked Beans	Sweetcorn Pasta Bake Served with Garlic and Herb Bread, Fresh Salad	served with Chips, Garden Peas and Baked Beans *Salmon Fish Fingers Available
(G) (W) (SE)	(G) (W) (MK)	(G)(W)(SU)(SO)(SE)(E	(G) (W) (MK) (SO)	(G) (W) (F)
Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas	Jacket Potato served with Cheese & Beans	BENWICK BRUNCH Quorn Sausage Hash Brown Scrambled Egg Baked Beans	Classic Macaroni Cheese Served with Garlic and Herb Bread, Fresh Salad	Vegetable Sausage served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
(G) (W) (E) (MK) (SE)	(MK)	(G)(W)(B)(MK)(E)(SE)	(G) (W) (MK) (SO)	(G) (W) (B) (E) (MK)
		Ham Roll Pizza Finger Salad Sticks Choose one of our Fabulous Dessert		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Dessert
		(G)(W)(MK)(E)(S)(SO)		(G)(W)(B)(E)(MK)(SE)
Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Syrup Sponge & Custard Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Fruit Crunch Fruit Yogurt & Coulis Fresh Fruit (G) (W) (MK) (E)	Choose One of Our Fabulous Desserts Forest Fruit Muffins Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Fruit Jelly Fruit Yogurt & Coulis Fresh Fruit (MK)
	Chicken Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (SE) Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis	Chicken Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE) (G) (W) (MK) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (SE) Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Chilli Beef Taco, Served with Mexican Rice and Sweetcorn Rice and Sweetcorn Choose One of Ow (MK) Choose One of Our Fabulous Desserts Syrup Sponge & Custard Fruit Yogurt & Coulis Fresh Fruit	Chicken Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (G) (W) (SU)(SO)(SE)(E BENWICK BRUNCH Quorn Sausage Hash Brown Scrambled Egg Baked Beans (G) (W) (E) (MK) (SE) (MK) (G) (W)(B)(MK)(E)(SE) Ham Roll Pizza Finger Salad Sticks Choose one of our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Fresh Fruit Fresh Fruit Fresh Fruit Chilli Beef Taco, Served with Mexican Rice and Sweetcorn Sausage Hash Brown G(G)(W)(SU)(SO)(SE)(E BENWICK BRUNCH Quorn Sausage Hash Brown Quorn Sausage Hash Brown Quorn Sausage Hash Brown G(G)(W)(B)(MK)(E)(SE) Choose One of Our Fabulous Desserts Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit Fresh Fruit	Chicken Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (SE) (G) (W) (MK) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (G) (W) (MK) (G) (W) (MK) (G) (W) (SU)(SO)(SE)(E (G) (W) (MK) (G) (W)(SU)(SO)(SE)(E (G) (W) (MK) (G) (W)(SU)(SO)(SE)(E (G) (W) (MK) (SO) Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas (G) (W) (E) (MK) (SE) (MK) (G) (W) (B) (MK)(E)(SE) (G) (W) (MK) (SE) (G) (W) (MK) (SE) (G) (W) (MK) (SE) (G) (W) (MK) (SE) (G) (W) (MK)(E)(SE) (G) (W) (MK) (SO) Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings





Commencing: 25th Apr, 16th May, 13th Jun, 4th Jul, 12th Sep, 3rd Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Hand Made BBQ Chicken Pizza served with Potatoes Wedges and Fresh Salad	Butcher's Sausages served with Mashed Potatoes and Baked Beans	Roast Pork Lion with Potatoes, Carrots and Broccoli, Stuffing and Gravy	Pasta Bolognese served with Mixed Vegetables and Garlic Bread	Fish Cake served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (B) (SO) (MK) (C) (E)	(G) (W) (SU) (MK) (SO	(G) (W)	(G) (W) (MK) (SO)	(G) (W) (F)
Meat Free	Hand Made Cheese and Tomato Pizza served with Potatoes Wedges and Fresh Salad (G) (W) (B) (SO) (MK)	Vegetarian Sausages served with Mashed Potatoes and Baked Beans	Quorn Roast with Potatoes, Carrot & Broccoli, Stuffing and Gravy	Jacket Potato served with Cheese & Beans	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(C) (E)	(G) (W) (B) (E) (MK)	(G) (W) (E)	(MK)	(G) (W)
Lunchtime Lunchbox			Ham Salad Roll Cheese Straw Salad Sticks Choose one of our Fabulous Dessert (G) (W) (MK) (E) (SE)		Cheese Roll 1/2 Sausage Roll Salad Sticks Choose one of our Fabulous Dessert (G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Cherry Flapjack Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Rice Krispie Cake Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Banana & Toffee Cake Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit (MK)	Choose One of Our Fabulous Desserts Short Bread Finger Fruit Yogurt & Coulis Fresh Fruit (G) (W) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread Fruit platter and natural yogurt with toppings





Commencing: 2nd May, 23rd May, 20th Jun, 11th Jul, 19th Sep, 10th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Beef Meatballs in a Tomato Ragu Served with Spaghetti, Herby Bread & Broccoli	Cottage Pie, Served with Mashed Potato, Carrots and Cabbage	Roast Turkey with Roast Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy	Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
	(G) (W) (MK)	(G) (W) (E) (MK)	(G) (W) (E) (MK)	(G) (W) (SU) (SO) (SE)	(G) (W) (F)
Meat Free	Cheesy Pasta served with Herby Bread & Broccoli	Jacket Potato served with Cheese & Beans	Cauliflower Cheese	Quorn Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup	Cheese & Tomato Pinwheel
	(G) (W) (MK) (SO)	(MK)	(MK)	(G)(W)(B)(MK)(E)(SE)	(G) (W) (MK)
Lunchtime Lunchbox			Ham Roll Cocktail Sausage Salad Sticks Choose one of our Fabulous Dessert (G)(W)(F)(E)(SE) (SO)(SU)		Cheese Roll Chicken Goujon Salad Sticks Choose one of our Fabulous Dessert (G)(W)(B)(E)(MK)(SE)
Desserts	Choose One of Our Fabulous Desserts Pancake & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Chocolate Sponge Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Carrot Cake Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Oat & Raisin Cookie Fruit Yogurt & Coulis Fresh Fruit (G) (W) (MK)	Choose One of Our Fabulous Desserts Tutti Fruity Jelly Fruit Yogurt & Coulis Fresh Fruit (MK)

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