

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Chicken Burger in a Bun with Baked Wedges and Garden Peas

(G) (W) (SE)

Chilli Beef Taco, Served with Mexican Rice and Sweetcorn

(G) (W) (MK)

BENWICK BRUNCH
Sausage Hash Brown Scrambled Egg Baked Beans

(G)(W)(SU)(SO)(SE)(E)

Creamy Chicken Sweetcorn Pasta Bake Served with Garlic and Herb Bread, Fresh Salad

(G) (W) (MK) (SO)

Cod Fish Fingers served with Chips, Garden Peas and Baked Beans
*Salmon Fish Fingers Available
(G) (W) (F)

Meat Free

Southern Fired Quorn Burger in a Bun with Baked Wedges and Garden Peas

(G) (W) (E) (MK) (SE)

Jacket Potato served with Cheese & Beans

(MK)

BENWICK BRUNCH
Quorn Sausage Hash Brown Scrambled Egg Baked Beans

(G)(W)(B)(MK)(E)(SE)

Classic Macaroni Cheese Served with Garlic and Herb Bread, Fresh Salad

(G) (W) (MK) (SO)

Vegetable Sausage served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W) (B) (E) (MK)

Lunchtime Lunchbox

Ham Roll
Pizza Finger
Salad Sticks
Choose one of our Fabulous Dessert

(G)(W)(MK)(E)(S)(SO)

Cheese Roll
Chicken Goujon
Salad Sticks
Choose one of our Fabulous Dessert

(G)(W)(B)(E)(MK)(SE)

Desserts

Choose One of Our Fabulous Desserts
Chocolate Brownie
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Syrup Sponge & Custard
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Fruit Crunch
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (MK) (E)

Choose One of Our Fabulous Desserts
Forest Fruit Muffins
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Fruit Jelly
Fruit Yogurt & Coulis
Fresh Fruit
(MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings



Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Hand Made BBQ
Chicken Pizza served
with Potatoes Wedges
and Fresh Salad

(G) (W) (B) (SO) (MK)
(C) (E)

Butcher's Sausages
served with Mashed
Potatoes and Baked
Beans

(G) (W) (SU) (MK) (SO)

Roast Pork Lion with
Potatoes, Carrots and
Broccoli, Stuffing and
Gravy

(G) (W)

Pasta Bolognese
served with Mixed
Vegetables and Garlic
Bread

(G) (W) (MK) (SO)

Fish Cake served with
Chips, Garden Peas
and Baked Beans and
Tomato Ketchup

(G) (W) (F)

Meat Free

Hand Made Cheese
and Tomato Pizza
served with Potatoes
Wedges and Fresh
Salad

(G) (W) (B) (SO) (MK)
(C) (E)

Vegetarian Sausages
served with Mashed
Potatoes and Baked
Beans

(G) (W) (B) (E) (MK)

Quorn Roast with
Potatoes, Carrot &
Broccoli, Stuffing and
Gravy

(G) (W) (E)

Jacket Potato served
with Cheese & Beans

(MK)

Vegetable Nuggets
served with Chips,
Garden Peas and
Baked Beans and
Tomato Ketchup

(G) (W)

Lunchtime Lunchbox

Ham Salad Roll
Cheese Straw
Salad Sticks
Choose one of our
Fabulous Dessert

(G) (W) (MK) (E) (SE)

Cheese Roll
1/2 Sausage Roll
Salad Sticks
Choose one of our
Fabulous Dessert

(G)(W)(B)(E)(MK)(SE)

Desserts

Choose One of Our
Fabulous Desserts
Cherry Flapjack
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our
Fabulous Desserts
Rice Krispie Cake
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our
Fabulous Desserts
Banana & Toffee Cake
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our
Fabulous Desserts
Ice-Cream & Fruit Sauce
Fruit Yogurt & Coulis
Fresh Fruit
(MK)

Choose One of Our
Fabulous Desserts
Short Bread Finger
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (MK)

Available every day:

A selection of fresh
vegetables and tasty salad

Delicious freshly
baked bread

Fruit platter and natural
yogurt with toppings



Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

Beef Meatballs in a Tomato Ragu Served with Spaghetti, Herby Bread & Broccoli

(G) (W) (MK)

Cottage Pie, Served with Mashed Potato, Carrots and Cabbage

(G) (W) (E) (MK)

Roast Turkey with Roast Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy

(G) (W) (E) (MK)

Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup

(G) (W) (SU) (SO) (SE)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup

(G) (W) (F)

Meat Free

Cheesy Pasta served with Herby Bread & Broccoli

(G) (W) (MK) (SO)

Jacket Potato served with Cheese & Beans

(MK)

Cauliflower Cheese

(MK)

Quorn Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup

(G)(W)(B)(MK)(E)(SE)

Cheese & Tomato Pinwheel

(G) (W) (MK)

Lunchtime Lunchbox

Ham Roll
Cocktail Sausage
Salad Sticks
Choose one of our Fabulous Dessert
(G)(W)(F)(E)(SE)
(SO)(SU)

Cheese Roll
Chicken Goujon
Salad Sticks
Choose one of our Fabulous Dessert

(G)(W)(B)(E)(MK)(SE)

Desserts

Choose One of Our Fabulous Desserts
Pancake & Fruit Sauce
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Chocolate Sponge
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Carrot Cake
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (E) (MK)

Choose One of Our Fabulous Desserts
Oat & Raisin Cookie
Fruit Yogurt & Coulis
Fresh Fruit
(G) (W) (MK)

Choose One of Our Fabulous Desserts
Tutti Fruity Jelly
Fruit Yogurt & Coulis
Fresh Fruit
(MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings

