


LUNCHTIME CO.

Week 1

Commencing 12th April • 4th May
• 24th May • 21st June • 12th July

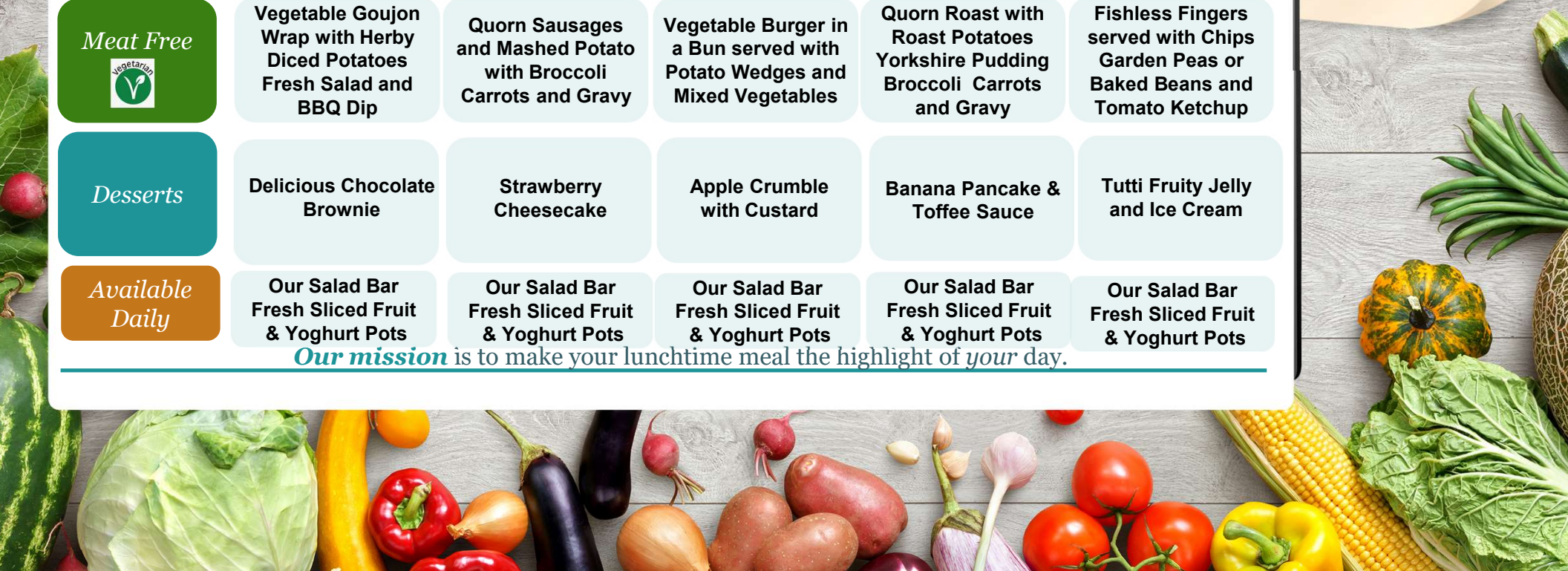


	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Freshly baked bread</i>	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread
<i>Hot Main Meal</i>	Chicken Goujon Wrap with Herby Diced Potatoes Fresh Salad and BBQ Dip	Sausages and Mashed Potato with Broccoli Carrots and Gravy	Beef Burger in a Bun served with Potato Wedges and Mixed Vegetables	Roast Chicken with Roast potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Cod or Salmon Fish Fingers served with Chips Garden Peas or Baked Beans and Tomato Ketchup
<i>Meat Free</i> 	Vegetable Goujon Wrap with Herby Diced Potatoes Fresh Salad and BBQ Dip	Quorn Sausages and Mashed Potato with Broccoli Carrots and Gravy	Vegetable Burger in a Bun served with Potato Wedges and Mixed Vegetables	Quorn Roast with Roast Potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Fishless Fingers served with Chips Garden Peas or Baked Beans and Tomato Ketchup
<i>Desserts</i>	Delicious Chocolate Brownie	Strawberry Cheesecake	Apple Crumble with Custard	Banana Pancake & Toffee Sauce	Tutti Fruity Jelly and Ice Cream
<i>Available Daily</i>	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots

Our mission is to make your lunchtime meal the highlight of *your* day.

Menu design and ideas from the pupils of Benwick Primary School.

Allergen Information
is available from our kitchen team



LUNCHTIME CO.

Week 2

Commencing • 19th April • 10th May
• 7th June • 28th June • 19th July

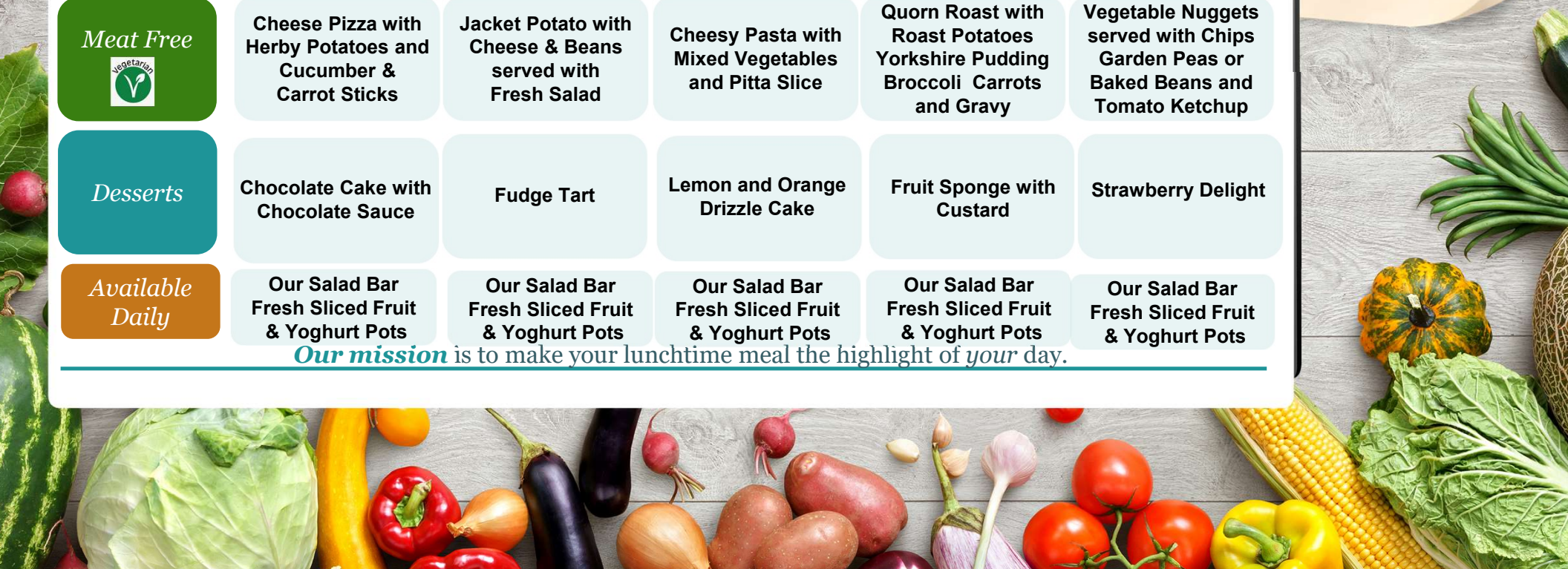


	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Freshly baked bread</i>	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread
<i>Hot Main Meal</i>	Ham and Tomato Pizza with Herby Potatoes and Cucumber & Carrot Sticks	Pasta Bolognese with Garden Peas and Garlic Bread	Chicken in a Bun with Potato Wedges and Mixed Vegetables	Roast Pork with Roast potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Crispy Battered Fish served with Chips Garden Peas or Baked Beans and Tomato Ketchup
<i>Meat Free</i> 	Cheese Pizza with Herby Potatoes and Cucumber & Carrot Sticks	Jacket Potato with Cheese & Beans served with Fresh Salad	Cheesy Pasta with Mixed Vegetables and Pitta Slice	Quorn Roast with Roast Potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Vegetable Nuggets served with Chips Garden Peas or Baked Beans and Tomato Ketchup
<i>Desserts</i>	Chocolate Cake with Chocolate Sauce	Fudge Tart	Lemon and Orange Drizzle Cake	Fruit Sponge with Custard	Strawberry Delight
<i>Available Daily</i>	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots

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LUNCHTIME CO.

Week 3

Commencing • 26th April • 17th May
• 14th June • 28th June • 5th July • 19th July



	Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread	Freshly Baked Bread
Hot Main Meal	Macaroni Cheese with Mixed Vegetables and Garlic Bread	<u>Benwick Brunch</u> Sausage Hash Brown Scrambled Egg and Baked Beans	Beef Hot Pot with Batton Carrots Cauliflower and Gravy	Roast Chicken with Roast Potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Fish Fingers served with Chips Garden Peas or Baked Beans and Tomato Ketchup
Meat Free 	Vegetable Spring Roll with Rice	<u>Benwick Brunch</u> Quorn Sausage Hash Brown Scrambled Egg and Baked Beans	Jacket Potato With Cheese & Beans served with Fresh Salad or Mixed Vegetables	Quorn Roast with Roast Potatoes Yorkshire Pudding Broccoli Carrots and Gravy	Vegetable Fingers served with Chips Garden Peas or Baked Beans and Tomato Ketchup
Desserts	Strawberry Jam Tart with Custard	American Pancakes with Fruit Sauce	Chocolate Crunch with Chocolate Sauce	Banana and Custard	Strawberry Meringue and Cream
Available Daily	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots	Our Salad Bar Fresh Sliced Fruit & Yoghurt Pots

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