

Water Safety:

In the warm weather, water in rivers and canals look inviting and fun. If you play near water, you need to be safe and ALWAYS be with an adult.

Spot the dangers!

Water may look safe, but it can be dangerous. Learn to spot and keep away from dangers. You may swim well in a warm indoor pool, but that does not mean that you will be able to swim in cold water.

The dangers of water include:

- it is very cold
 - there may be hidden currents
 - it can be difficult to get out (steep slimy banks)
 - it can be deep
 - there may be hidden rubbish, e.g. shopping trolleys, broken glass
 - there are no lifeguards
 - it is difficult to estimate depth
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- it may be polluted and may make you ill

Go together!

Children should always go with an adult, not by themselves.

An adult can point out dangers or help if somebody gets into trouble.

ACTIVITY:

Can you design a water safety poster? This can be about a paddling pools or rivers and open water.

